

(3) Paddy field hut

### Typical fauna:

Orchards: blackbird, goldfinch, hoopoe.

Paddy fields: mallard, moorhen, ardeids, wading birds

and lapwing.

Canals and drains: king fisher, sandpiper, cormorants. Bassa de les Olles (les Olles pond): gulls, terns, limicoline.

ardeids.

### Typical flora:

Bassa de les Olles and its surroundings: rave de mar, reed, rattan, glasswort, sea holly, spurge, sea lavender and tamarisk.









### Recommendations

Participants must bring a cycle helmet, and enough food and water. Depending on the time of year we also recommend bringing sun cream and mosquito repellent. The orography is completely flat, but cyclists must be well aware of the wind that is typical in the area. We advise you to bring puncture repair kits. Binoculars are also useful for bird watching.

The route partially includes the old path of the "Via Augusta" as it passes through the current municipalities of l'Aldea, Camarles and l'Ampolla. The different fortifications and watch towers of the old coastline can be seen on this route.

## Rules and recommendations

Cycle with care. This route uses rural paths and a cycle lane is only available in the area of the Les Olles Pond.



Camping is only permitted on campsites.

#### **Nature Reserve Information Centres**



**Ecomuseum** Martí Buera, 22 43580 Deltebre Tel. 977 489 679 Casa de Fusta Bassa de l'Encanvissada 43870 Amposta Tel. 977 26 10 22

www.parcsdecatalunya.net





Generalitat de Catalunya

Departament de Medi Ambient



l'Aldea Tower Interpretation Centre Booked visits: Tel. 977 450 012

**Camarles Tourism and** Information Office Trenta-un, s/n 43894 Camarles Tel. 977 470 040

l'Ampolla Tourist Office Plaça Manel Ferrer, 3 43895 l'Ampolla Tel. 977 593 011

### With the collaboration of:













# L'Aldea / Camarles / l'Ampolla

### **Fact sheet**

Distance: 24.3 km

Location: L'Aldea, Camarles, Les Olles Pond.

El Fangar Bay

**Duration:** To be done in half a day (4 hours) or

calmly in 1 day

Gradient: non-existent, except in the El Roquer area

Difficulty: low

**Users:** The route uses rural paths and roads.

Be aware of cars!

Ground type: asphalt and soil

Recommended time of year: all year

#### Km

- l'Aldea Hermitage
- Km 4.1 Lligallo del Gànguil
- Km 4.8 Lligallo del Roig
- Km 5.4 Pinets de Camarles
- Km 5.7 La Granadella Tower
- Km 6.2 Camarles
- Km 7.2 Camarles Tower
- Km 8.7 Lo Roquer
- Km 12.1 Les Olles Pond
- Km 13.8 Les Olles Inlet
- Km 16.7 Sanitary sewer (Main sewer)
- Km 24,3 l'Aldea Hermitage





L'Aldea tower



### **Route** L'Aldea / Camarles / l'Ampolla

### **Description:**

We begin the route at the **Tower of l'Aldea Hermitage** (Visits can be arranged) (**Km 0**). We leave the tower behind us and the church complex to our right and continue for 150 metres until we reach the road (lined with Banana plants and poplars) that joins the **Hermitage** with the village of **l'Aldea**. We turn left and continue along the tree-lined avenue towards l'Aldea for 1.3 Km until we cross the **Canal Nou de Camarles**. Once we have crossed the bridge (**Km 1.5**), we go right towards Lligallo (look out for signs to **Via Augusta- GR 92**).

Continue cycling for 2.6 km until we arrive at Lligallo del Gànguil (Km 4.1). We will cross the main road (there is a STOP sign and we will see the Camarles canal on our right) and continue straight ahead for 700m towards Lligallo del Roig. Here we will very carefully cross the T-340 road joining Lligallo del Roig (from the N-340) with Deltebre. Once we have crossed the road, we continue towards Camarles (Km 4.8).

After 200 metres, we will see on our right a very well preserved elm grove. We continue straight ahead and after 400m arrive at **Pinets de Camarles (Km 5.4)**.

After 200 metres, the pine forest ends and there is a dirt track on the right. We go down this track, straight ahead for 100 metres where we turn left to see the surroundings of the **La Granadella Tower**.

We go back to the road and after 400m arrive at **Camarles (Km 6.2)**. We continue cycling through the town centre for 1.2 Km until we arrive at the **Camarles Tower (Km 7.4)**. If we want we can visit the tower by booking at the Camarles information office just in front.

We continue and after 300m come to a roundabout. We go straight ahead towards **l'Ampolla** on the **Roquer** road, from which we can see the deltaic plain, as we are just on (and above) the old coastline.







2 L'Aldea-Lligallo, Orchards.

Pinets de Camarles

At the end of the Roquer road, we have to negotiate a steep downhill section and then find the sign heading us towards I'Ampolla (Km 10.2).

We turn left and after 800 m come to a roundabout, we turn right looking for **Ia Platja de l'Arenal** (Arenal Beach) and **bassa de les Olles** (Les Olles pond). We continue straight ahead for 1.1 Km until we reach Les Olles pond (Km 12.1).

# Return Option A:

Once we are at Les Olles Pond (Km 12.1) we take the wooden path that is among the reed swamps. After 800m we reach the Les Olles pump station, we cross the bridge and continue straight ahead for 1.6 Km until we reach la Goleta de les Olles (Les Olles inlet), the natural connection of the Pond to El Fangar Bay (Km 13.8).

We continue straight ahead with El Fangar Bay on our left and after 1 km turn right along an asphalted road (Km 14.8). This is the point of return for l'Aldea. (If desired, we can go to El Goleró 200m away. From El Goleró, we can link up with Route 3 Ecomuseum-El Fangar Bay, 2.1 Km away.)

However, our route continues to the right along the asphalted road, leaving the Bay behind us, for 1.6 Km until we reach a bridge, with a typical paddy field hut painted red and white **(Km 16.4)**. We cross the bridge and continue straight ahead for 300 metres, until reaching the **sanitary sewer** (main sewer).

We turn left and return to l'Aldea hermitage constantly travelling parallel to the main sewer (at the beginning, on our right). During this section we have to cross, with extreme care, the TV-3401 road (that joins l'Ampolla with Deltebre) (Km 17.4), the TV-3409 road (joining Camarles with Deltebre, where we will take advantage of the better road conditions and continue with the main sewer on our left) (Km 18.6), the TV-340 road (joining Lligallo with Deltebre) (Km 20), and the old Lligallo to Deltebre road (Km 21.8).

Here we see the tower in the background; at 2.1 Km. We arrive at the l'Aldea water purifying plant, (Km 23.9). We turn right and after 400m arrive at the Hermitage Tower, after a total route of 24.3 Km.

### Option B:

From Les Olles Pond we travel towards the seaside village of l'Ampolla, to the railway station 2.7 km away, to return by train to l'Aldea (l'Aldea station is 3.8 km from the hermitage). Timetable information: 902 240 202 (travelling with a bicycle on the train is legal and free of charge).

